

## Vial of Life

### Instructions

#### 1. What is a Vial of Life?

The Vial of Life is a life-saving tool that provides emergency responders with crucial medical information.

It should be placed in a visible and easily accessible location (such as your refrigerator) to help in emergencies.

#### 2. How to Use It:

- Fill out the Medical Information Sheet completely. Update it regularly.
- Place the completed form in a plastic bag or envelope labeled Vial of Life.
- Put the bag on the inside of your refrigerator door or a location recommended by your local responders.
- Place a Vial of Life sticker or note on your front door to alert emergency responders.

**Medical Information Sheet**

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact:

- Name: \_\_\_\_\_

- Relationship: \_\_\_\_\_

- Phone Number: \_\_\_\_\_

Medical Conditions: \_\_\_\_\_

Medications (include dosage): \_\_\_\_\_

Allergies: \_\_\_\_\_

Primary Doctor:

- Name: \_\_\_\_\_

- Phone Number: \_\_\_\_\_

Insurance Information:

- Provider: \_\_\_\_\_

- Policy Number: \_\_\_\_\_

Other Important Information: \_\_\_\_\_